

/436717/2024



**GOVERNMENT OF ASSAM  
OFFICE OF THE DIRECTOR OF HEALTH SERVICES  
HENGGRABARI, GUWAHATI – 36.**

**No. HSE/Ophthalmic/E-444799/6****Dated at Guwahati, the 06/02/2024**

**From:** Director of Health Services, Assam  
Hengrabari, Guwahati-36.

**To,**

The Joint Secretary to the Govt. of Assam,  
Health & Family Welfare Department  
Dispur, Guwahati-06.

**Sub:** Independent practice Rights of Optometrist in Assam.

**Ref No.** 1. Association's letter No. 003/OAA/10/2023, dated 12/10/2023.  
2. Director, RIO's letter No.RIO/MC/2024/5945, dated 01/02/2024.

**Sir/ Madam,**

With reference to subject and letters under reference, I have the honour to forward herewith the letter received from the Optometry Association of Assam regarding the clarification on independent practice rights of Optometrist in Assam. After received of letter from the Association, this Directorate has collected the valuable view & comments of the Director & HOD, Regional Institute of Ophthalmology, Gauhati Medical College & Hospital, Guwahati-22 in this regard, which is enclosed herewith for ready reference.

This is for your information & further necessary action.

Yours faithfully,

**Signed by  
Kareng Rongpipi**

**Date 07-02-2024, 17:19:21**  
Director of Health Services, Assam  
Hengrabari, Guwahati-36.

**Memo No. HSE/Ophthalmic/E-444799/6**

Copy for information to:

**Dated at Guwahati, the 06/02/2024**

1. The Director & HOD, Regional Institute of Ophthalmology, Gauhati Medical College & Hospital, Guwahati-32.
2. President/ Secretary, Optometry Association of Assam. Email: [optometryaassam@gmail.com](mailto:optometryaassam@gmail.com).

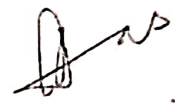
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**Director of Health Services, Assam  
Hengrabari, Guwahati-36.**

1. To test Visual Acuity (Distant vision, Near Vision, Color Vision)
2. To test field of Vision (Peripheral field of Vision & Central field of Vision)
3. Comprehensive Eye examination (i.e. Cataract, Glaucoma, Corneal Ulcer/Opacity, Retinopathy, ARMD, Trachoma, Uveitis, Squint/Strabismus, Amblyopia etc)
4. Prescribe Eye glasses to correct refractive error (Myopia, Hypermetropia, Presbyopia and Astigmatism)
5. Prescribe Contact Lenses to correct Refractive error and other Eye condition
6. Prescribe Prism to correct Squint/Strabismus
7. Prescribe Low Visual Aid to the partially sighted person
8. Binocular Vision Therapy
9. Geriatric Vision Therapy & Pediatric Vision Therapy
10. Sports Vision therapy & Occupational Vision Therapy
11. Vision Screening for School going children for early detection of Refractive Error, Squint, Amblyopia and other pediatric eye conditions.
12. Medical intervention for few mild ocular disorders

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- a) Conjunctivitis, b) Trachoma, c) Eye Allergies, d) Dry Eye, e) Eyelid Problem (Stye, Chalazion, Blepharitis) f) Lacrimal System disorder, g) Superficial corneal foreign body, h) Vit – A deficiency
13. Uses Of Medication  
a) Basic antibiotic drop, b) Myotics, c) Mydriatics & Cycloplegics d) Vitamins & Minerals, e) Topical anesthetics, f) Pain killer, anti-histamine, antiallergic
14. Minor surgical procedure  
a) Superficial foreign body removal, b) Epilation for Trichiasis.
15. Enucleation of Eyeball for Corneal transplantation.
16. Eye health Education at primary level for peripheral staff.
17. Referral of patients to other Healthcare Professional.

This is for your kind information and necessary action

  
Dr. (Prof.) Shubhra Das  
Director & HOD  
Regional Institute of Ophthalmology  
Gauhati Medical College Hospital  
Guwahati-32

Director & H. O. D.  
Regional Institute of Ophthalmology  
Gauhati Medical College & Hosp  
Guwahati-32

Memo NO/RIO/MC/2024/

Dated: 01/02/2024

Copy forward to:

1. The Principal cum Chief Superintendent, GMCH, Guwahati for information.
2. Office file

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Dr. (Prof.) Shubhra Das  
Director & HOD  
Regional Institute of Ophthalmology  
Gauhati Medical College Hospital  
Guwahati-32