

**Office of the Chairperson**  
**Tripura State Allied & Healthcare Council**  
(A council under Deptt. of Health & F.W. Govt. of Tripura)  
**Agartala, West Tripura**

No.F.7(1)-TSAHC/GS/23

Dated, Agartala, the 22<sup>nd</sup> March, 2023.

To,  
The Director of Health Services  
& Ex-Officio Jt. Secretary  
Govt. of Tripura, Agartala



Subject: - Duties & Responsibilities of OPTOMETRIST.

Respected Sir,

With reference to your letter No.F.2(1-155)-MS/Estt/2014(Sub-II), Dtd. 16/03/2023, I am furnishing herewith the Duties & Responsibilities of OPTOMETRISTS as per the letter of Dy. Director General(Ophth.), Ministry of Health & F.W., Directorate General of Health Services, Nirman Bhawan, New Delhi vide No.L.11013/14/2010-NCD/BC, Dtd. 19-08-2010 and the Duties & Responsibilities of OPTOMETRIST issued by the Consultant & Head of Department, Department of Ophthalmology, Dr. R. M.L.H. & PGIMER, New Delhi on 11-07-2014 (photocopies enclosed for ready reference) are as follows:

The profession of Optometry is a part of Modern Medical Science. It is an independent Healthcare Profession like Medicine, Surgery, Dentistry, Homeopathy, Ayurved etc. Optometrists are primary Eye Care Professional deals with Eye & Vision.

Optometry means a healthcare profession that is autonomous and concerned especially with examining the eye defects and faults of Refraction, with prescribing correctional lenses, eye exercises and vision rehabilitation care for visually impaired, with diagnosing diseases of the Eye and with treating such diseases or referring them to other healthcare/medical professional for better treatment. Optometry play a leading role in Eye-care provision at the primary level, and also help at Secondary and Tertiary levels, working with Ophthalmologists and other Healthcare Providers towards the unified goal of combating Blindness.

Point to Point Duties & Responsibilities of OPTOMETRISTS are as follows:

1. To test visual acuity .( Distant vision, Near vision, Colour vision, )
2. To test field of vision ( peripheral field of vision & central field of vision )
3. Comprehensive Eye examination (i.e. Cataract, Glaucoma, Corneal Ulcer /Opacity, Retinopathy, ARMD, Trachoma, Uveities, Squint/Strabismus, Amblyopia/Lazy Eye, etc. ).
4. Prescribe Eye glasses to correct Refractive error.( Myopia, Hypermetropia, Presbiopia and Astigmatism )
5. Prescribe Contact Lenses to correct Refractive error and other eye condition.
6. Prescribe Prism to correct Squint/ Strabismus.
7. Prescribe Low-visual aid to the partially sighted person.
8. Binocular Vision Therapy.
9. Geriatric Vision Therapy & Paediatric Vision Therapy.
10. Sports Vision Therapy & Occupational Vision Therapy.
11. Vision Screening for School going children for early detection of Refractive Error, Squint, Amblyopia and other paediatric eye condition.

12. Treatment and Medical intervention at Primary level.

- a) Conjunctivitis, b) Trachoma, c) Eye allergies, d) Dry Eye, e) Eye lid problem (Stye, Chalazion, Blepharities), f) Lachrymal system disorder, g) Superficial corneal foreign body, F) Vit.-A deficiency.

13. Uses of Medication.

- a) Basic antibiotic eye drops, b) Myotics, c) Mydriatics & Cycloplegic d) Vitamins & Minerals, e) Topical anaesthetics, f) Pain killer, anti-histamine, antiallergic.

14. Minor surgical procedure.

- a) Superficial foreign body removal, b) Epilation for Trichiasis.

15. Enucleation of Eye-ball for Corneal Transplantation.

16. Pre and Post Operative follow-up for Eye surgeries.

17. Eye Health Education at primary level for peripheral staff.

18. Referral of patients to other Healthcare Professional.

This is for favour of your kind information and doing the needful please.

Yours faithfully,

Enclo:- As stated above.

 23/5/23  
( SUBIR BHAUMIK )

Chairperson,  
Tripura State Allied & Healthcare Council